

## Mission u 2021

### Requirements for Certification & Supplemental Resources for the Children's Study Responding to Violence

Mission u establishes certification requirements to help prepare study leaders to lead this study. The requirements for study leader certification are listed in Section 1 and further supplemental resources are listed in Section 2, but are not required for certification.

## CERTIFICATION PROCESS

### Section 1: Requirements for Certification\*

This section contains the certification requirements for becoming a Mission u study leader.

#### Central Text

- **A Children's Study: *Responding to Violence***

#### Additional Reading

- Read the Parent Handouts for each session (included in the study book):
  - **Sibling Rivalry:**
    - Positive Parenting Solutions, "Sibling Rivalry," [positiveparentingsolutions.com/sibling-rivalry](http://positiveparentingsolutions.com/sibling-rivalry)
  - **Friends:**
    - POPSUGAR Family, "How to Help Your Child Become a Good Friend," [popsugar.com/family/How-Teach-Your-Child-Good-Friend-43316878](http://popsugar.com/family/How-Teach-Your-Child-Good-Friend-43316878)
    - Cleveland Clinic Health Essentials, "8 Ways to Help Your Child Make Friends at School," [health.clevelandclinic.org/8-ways-help-child-make-friends-school](http://health.clevelandclinic.org/8-ways-help-child-make-friends-school)
  - **Communities/Neighborhoods/Schools:**
    - US Department of Health and Human Services, "What to Do if Your Child is Being Bullied," [fdoe.org/core/fileparse.php/7771/urlt/0084805-whattodoifyourchildisbullied.pdf](http://fdoe.org/core/fileparse.php/7771/urlt/0084805-whattodoifyourchildisbullied.pdf)



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- ACLU, “Racial Profiling: Definition”  
<https://www.aclu.org/other/racial-profiling-definition>
- **Violence Within Myself:**
  - Pint-Sized Treasures, “Teaching Kids to Be Peacemakers,”  
[pint-sized-treasures.com/teaching-kids-to-be-peacemakers](https://pint-sized-treasures.com/teaching-kids-to-be-peacemakers)

## Research

- Do your own research and find one article on each of the four topics for children (sibling rivalry, friends, communities/neighborhoods/school, violence within myself).
- Find several articles and/or podcasts on the topic that interests you most and be prepared to discuss during the training sessions.

**Online Checklist:** Indicate the completion of the requirements above through the online certification checklist. <https://umwomen.wufoo.com/forms/s13olxfo10w5sxx>

**Orientation to Mission u Online Course:** **Only for first-time study leaders** (those who have not previously led a study in a conference Mission u). First-time study leaders will receive notice on how to access the course after registering for the Mission u training. Registration for Mission u training is scheduled to open in late January.

\*All requirements for certification listed above must be completed before the Mission u training event.

**Attendance at One Mission u Training Event:** Your Mission u dean will notify you when registration for training is available.

## Section 2: Supplemental Resources

The following resources are not required for the certification process; however, study leaders may find them useful as they prepare to lead the study.

### Books

- ***Becoming Peacemakers in a Culture of Violence***, by Jay Godfrey  
*Becoming Peacemakers* is the youth study and may be useful if study leaders have older children in their class.
- ***Helping Teens Stop Violence, Build Community and Stand for Justice***, by Allan Creighton and Paul Kivel.  
This book for teens can also be helpful for those working with children by providing a framework and vocabulary for teaching violence prevention and social justice.

## Supporting Resources for Engaging Virtually

- “How to Host a Simple, Live Virtual Event Using Zoom”  
[unitedmethodistwomen.org/Media/PDF/HowToHostVirtualEvent.pdf](https://unitedmethodistwomen.org/Media/PDF/HowToHostVirtualEvent.pdf)
- “If It Is Not Possible to Have a Face-to-Face Program”  
[unitedmethodistwomen.org/Media/PDF/DistanceProgrammingResources.pdf](https://unitedmethodistwomen.org/Media/PDF/DistanceProgrammingResources.pdf)